

0x0000

there are ghosts from my past that pwn more of my
soul than i thought i had given away.
they linger in closets and under my bed and in pictures
less proudly displayed
– j. knapp

GROK

grokking all the shizzle – a
passionate way to be excellent at
binary and computer systems

s/mistak\(.\)s/correction\1/g

regex substitution with field carry

```
s/mistak\(.\)s/correction\1/g
```

```
gawk -F: '{ print $1 }' /etc/passwd
```

awk command to print userid's from
/etc/passwd

```
gawk -F: '{ print $1 }' /etc/passwd
```

```
for x in xrange(100,1,-1):
```

python *for* loop counting down from 100 to 1

```
for x in xrange(100,0,-1):
```



```
for (int a=1, b=1, c; a<100;  
     c=b, b+=a, a=c)  
    printf("%d ", a);
```

c language: prints Fibonacci sequence
through 89

```
for (int a=1, b=1, c; a<100;  
     c=b,b+=a,a=c)  
    printf("%d ",a);
```

0 1 1 2 3 5 8 13 21 34 55 89

21686148-6449-6E6F-744E-656564454649

GUID for GPT BIOS Boot Partitions

21686148-6449-6E6F-744E-656564454649
"Hah! IdontNeedEFI"

aGVsbG8gd29ybGQhCg==

base64 encoding of "hello world!\n"

```
$ echo 'hello world!' | en64
```

```
aGVsbG8gd29ybGQhCg==
```

aad3b435b51404eeaad3b435b51404ee

LM Hash for empty password

aad3b435b51404eeaad3b435b51404ee

NBSWY3DPEB3W64TMMQQQ=====

base32 encoding of 'hello world!\n'

```
$ echo 'hello world!'|en32
```

```
NBSWY3DPEB3W64TMMQQQ=====
```



ebfe

ebff

eb80

x86 machine language (hex representation)
specifically: relative jmp's

ebfe — jmp -2 ;infinite loop

ebff — jmp -1 ; obfuscation

eb80 — jmp -127 ; jmp back 125 bytes
; prior to this location



0xED

- 1) x86 "IN" instruction
- 2) favorite nickname for Ed Skoudis

0xED - *in ax, dx*

- kernel talks to hardware using this instruction
- Guest talks to VMware Host with it as well
- i talk to sk0d0 with it

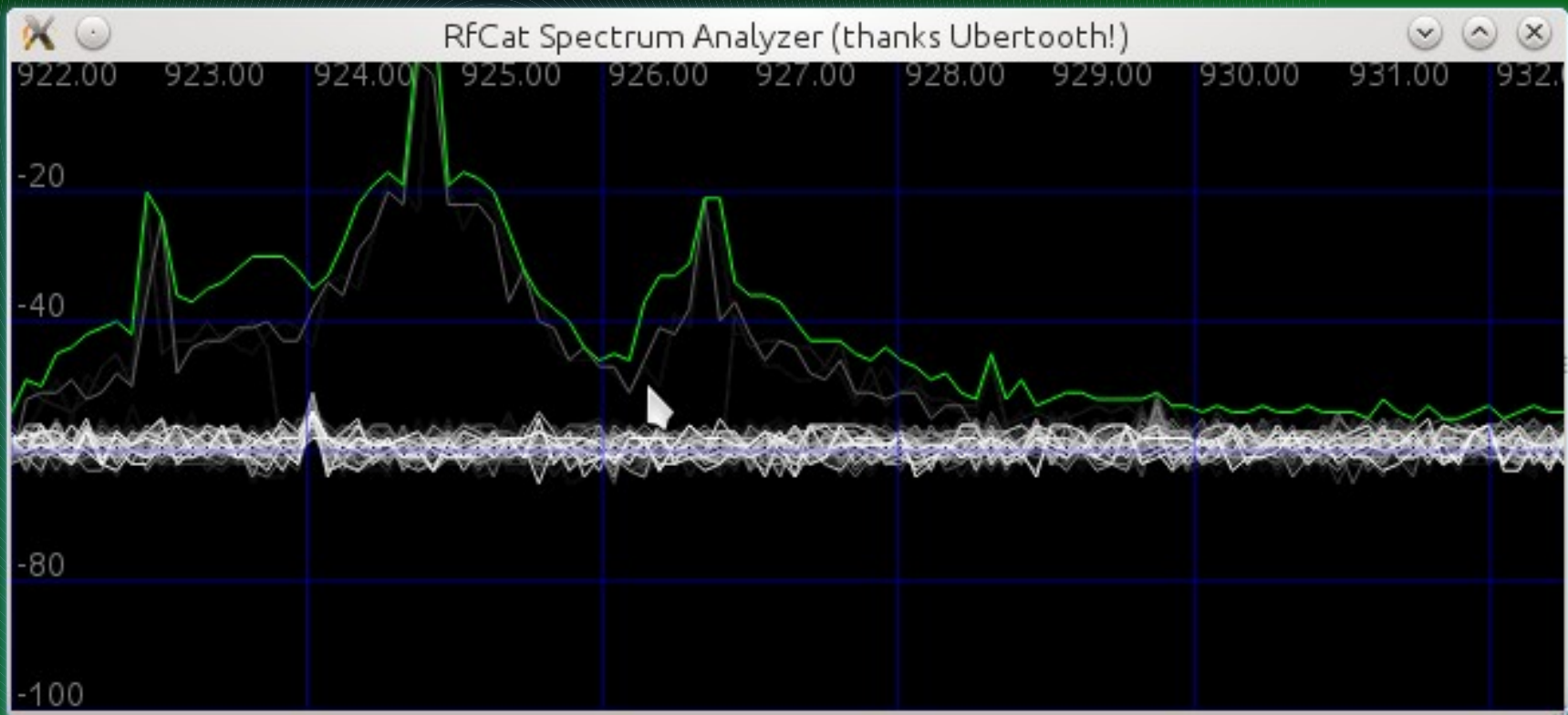
sorry, when you see patterns, you
see patterns...



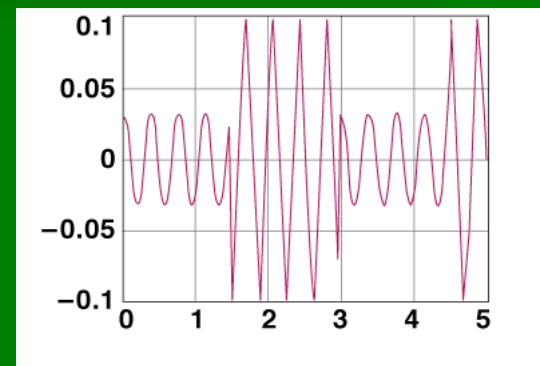
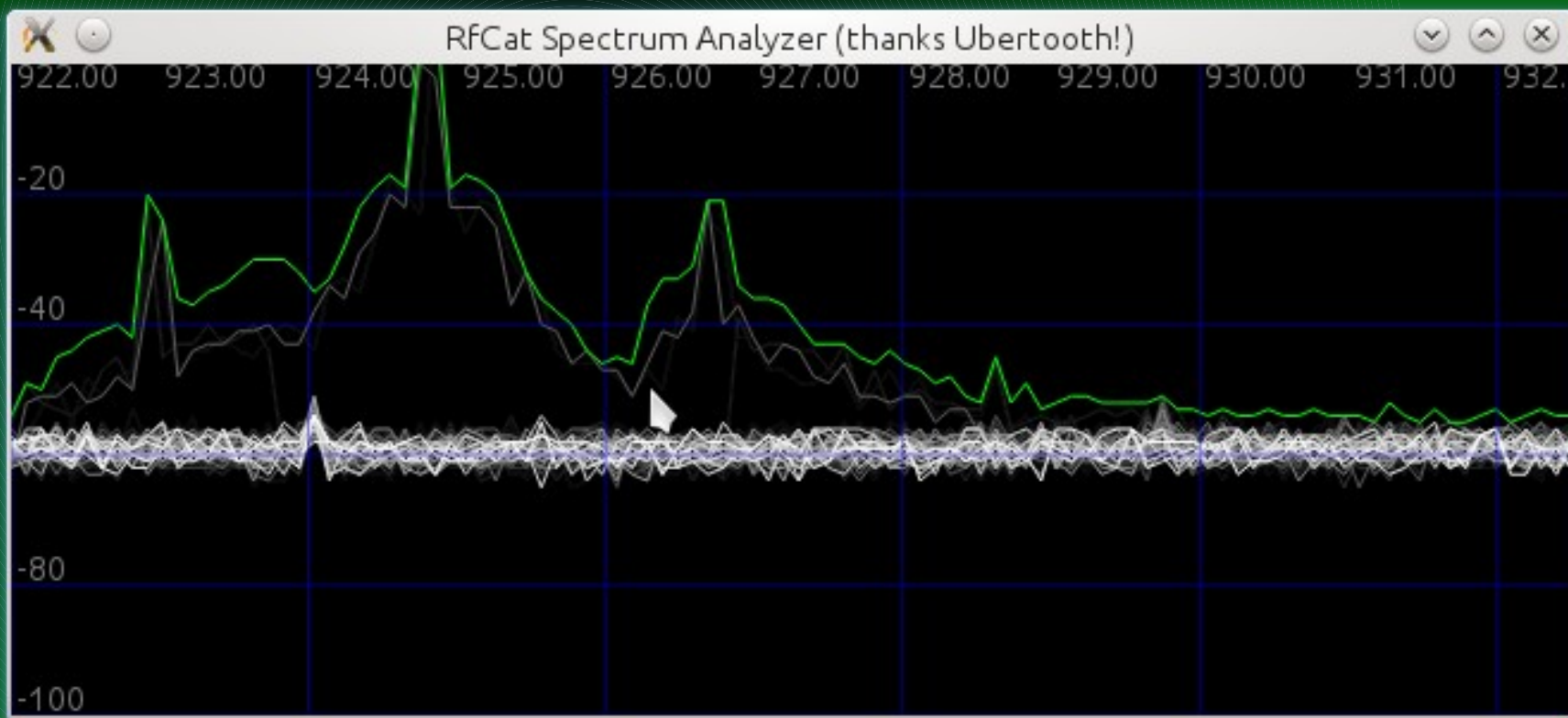
1010101010101010

RF Preamble (alternating pattern of 1/0)
also specified in 802.* comms protocols.
turns out, wired and wireless are not too
different!

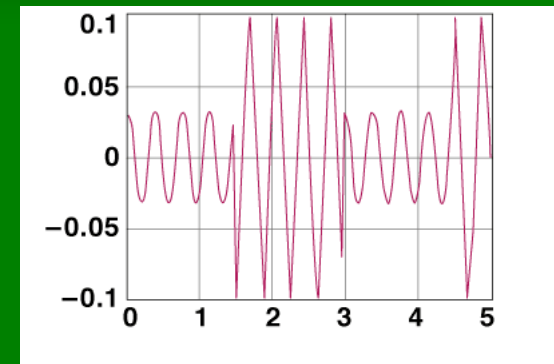
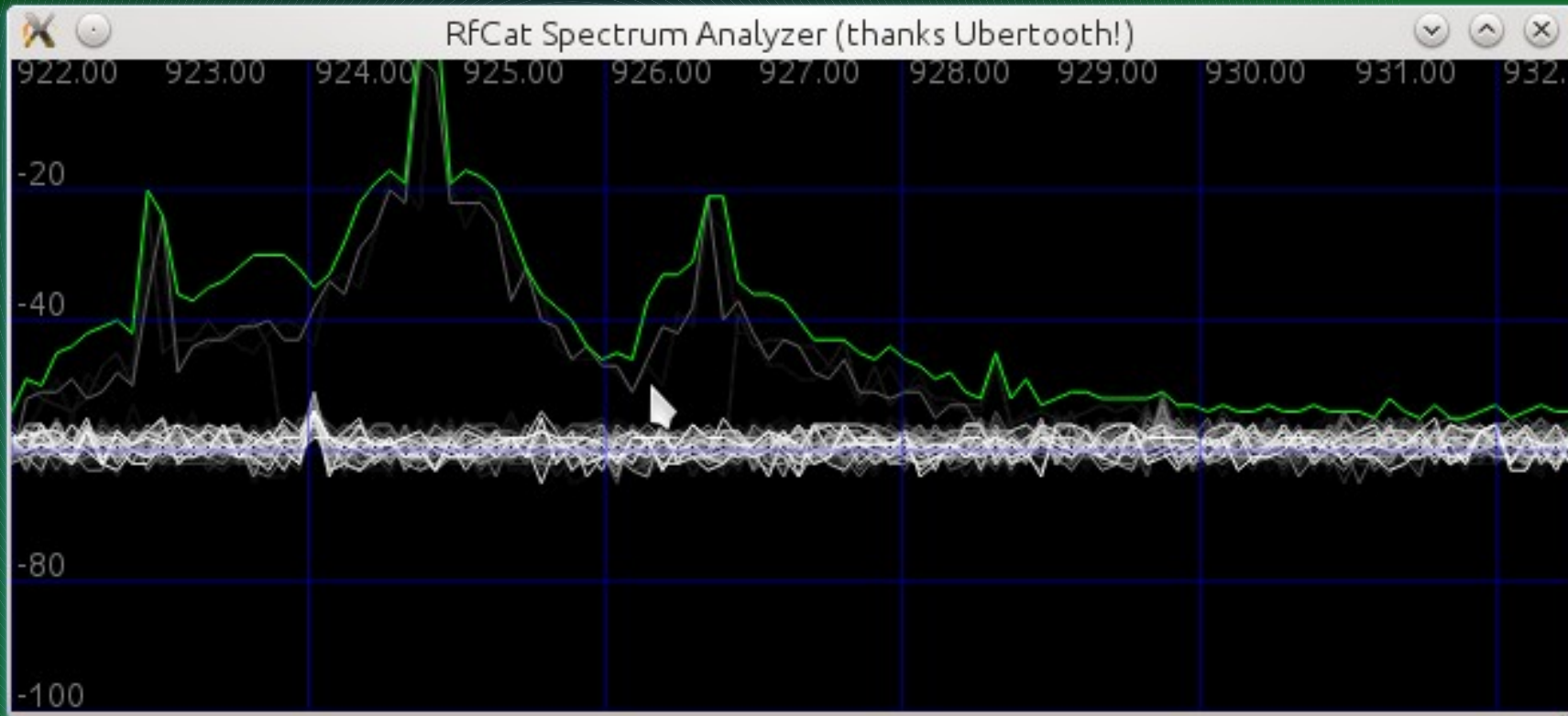
1010101010101010



nudge further...



Spectrum Analysis of an Amplitude Shift Key (ASK) signal centered at 924.850MHz



3 different byte-combinations...

03002de9

10b5

4df804dd

ARM, Thumb, and Thumb2 instructions

```
03002de9    stmdb sp!,{r0, r1, }  
          10b5    push {r4, sp, }  
4df804dd    push.W {lr}
```

```
.text:0x000182ac  8bff      mov edi,edi
.text:0x000182ae  55        push ebp
.text:0x000182af  8bec     mov ebp,esp
.text:0x000182b1  51        push ecx
```

x86 function prolog instructions (microsoft-style)

```
.text:0x000182ac  8bff      mov edi,edi
.text:0x000182ae  55        push ebp
.text:0x000182af  8bec     mov ebp,esp
.text:0x000182b1  51        push ecx
```

Never use `gets()`. Because it is impossible to tell without knowing the data in advance how many characters `gets()` will read, and because `gets()` will continue to store characters past the end of the buffer, it is extremely dangerous to use. It has been used to break computer security. Use `fgets()` instead.

MAN page for gets (man 3 gets)

Never use gets(). Because it is impossible to tell without knowing the data in advance how many characters gets() will read, and because gets() will continue to store characters past the end of the buffer, it is extremely dangerous to use. It has been used to break computer security. Use fgets() instead.



PK\003\004

ZIP header (thanks Phil Katz! R.I.P.)

PK\003\004



\x7fELF

you guessed it, Header for the ELF
executable file format

\x7fELF

there will be a test

01000000

binary representation of "@" best char
EVAR!

01000000



0xdebb20e3

CRC magic number for ZIP

0xdeb20e3

d41d8cd98f00b204e9800998ecf8427e

md5 of nothing

d41d8cd98f00b204e9800998ecf8427e

da39a3ee5e6b4b0d3255bfeef95601890afd8
0709

sha1 of nothing

da39a3ee5e6b4b0d3255bfeef95601890afd8
0709

- 0x67452301
- 0xefcdab89
- 0x98badcfe
- 0x10325476

md5 magic numbers

- 0x67452301
- 0xefcdab89
- 0x98badcfe
- 0x10325476



TDI, TDO, TMS, TCK

jtag pins for debugging embedded systems

TDI, TDO, TMS, TCK



MZ

PE File Format (DOS/Windows
.EXE/.COM/.DLL/.SYS

MZ

'\x89PNG\r\n\x1a\n'

file header for PNG file format

'\x89PNG\r\n\x1a\n'



25504446

Portable Document Format (PDF) file header

%PDF 25504446



55AA

MBR sector terminator

```
root@ironman:/home/atlas/hacking/Presentations/Grok# dd if=/dev/sda count=1 2>
00000000 eb 63 90 10 8e d0 bc 00 b0 b8 00 00 8e d8 8e c0 |.c.....|
00000010 fb be 00 7c bf 00 06 b9 00 02 f3 a4 ea 21 06 00 |...|.....!..|
00000020 00 be be 07 38 04 75 0b 83 c6 10 81 fe fe 07 75 |....8.u.....u|
00000030 f3 eb 16 b4 02 b0 01 bb 00 7c b2 80 8a 74 01 8b |.....|...t..|
00000040 4c 02 cd 13 ea 00 7c 00 00 eb fe 00 00 00 00 00 |L.....|.....|
00000050 00 00 00 00 00 00 00 00 00 00 00 80 01 00 00 00 |.....|.....|
00000060 00 00 00 00 ff fa 90 90 f6 c2 80 74 05 f6 c2 70 |.....t...p|
00000070 74 02 b2 80 ea 79 7c 00 00 31 c0 8e d8 8e d0 bc |t....y|..l.....|
00000080 00 20 fb a0 64 7c 3c ff 74 02 88 c2 52 bb 17 04 |...d|<.t...R...|
00000090 80 27 03 74 06 be 88 7d e8 17 01 be 05 7c b4 41 |...t...}.....|A|
000000a0 bb aa 55 cd 13 5a 52 72 3d 81 fb 55 aa 75 37 83 |..U..ZRr=..U.u7.|
000000b0 e1 01 74 32 31 c0 89 44 04 40 88 44 ff 89 44 02 |...t2l..D.@.D..D.|
000000c0 c7 04 10 00 66 8b 1e 5c 7c 66 89 5c 08 66 8b 1e |....f..\\|f\\.f..|
000000d0 60 7c 66 89 5c 0c c7 44 06 00 70 b4 42 cd 13 72 |^|f\\.D..p.B..r|
000000e0 05 bb 00 70 eb 76 b4 08 cd 13 73 0d f6 c2 80 0f |...p.v....s....|
000000f0 84 d0 00 be 93 7d e9 82 00 66 0f b6 c6 88 64 ff |.....}...f....d.|
00000100 40 66 89 44 04 0f b6 d1 c1 e2 02 88 e8 88 f4 40 |@f.D.....@|
00000110 89 44 08 0f b6 c2 c0 e8 02 66 89 04 66 a1 60 7c |.D.....f..f.^||
00000120 66 09 c0 75 4e 66 a1 5c 7c 66 31 d2 66 f7 34 88 |f..uNf\\.f1.f.4.|
00000130 d1 31 d2 66 f7 74 04 3b 44 08 7d 37 fe c1 88 c5 |.l.f.t.;D.}7....|
00000140 30 c0 c1 e8 02 08 c1 88 d0 5a 88 c6 bb 00 70 8e |0.....Z....p.|
00000150 c3 31 db b8 01 02 cd 13 72 1e 8c c3 60 1e b9 00 |.l.....r...^...|
00000160 01 8e db 31 f6 bf 00 80 8e c6 fc f3 a5 1f 61 ff |...l.....a.|
00000170 26 5a 7c be 8e 7d eb 03 be 9d 7d e8 34 00 be a2 |&Z|...}....}.4...|
00000180 7d e8 2e 00 cd 18 eb fe 47 52 55 42 20 00 47 65 |}......GRUB .Ge|
00000190 6f 6d 00 48 61 72 64 20 44 69 73 6b 00 52 65 61 |om.Hard Disk.Rea|
000001a0 64 00 20 45 72 72 6f 72 0d 0a 00 bb 01 00 b4 0e |d. Error.....|
000001b0 cd 10 ac 3c 00 75 f4 c3 da 8e 01 00 00 00 80 20 |...<.u.....|
000001c0 21 00 83 1a 3b 1f 00 08 00 00 00 98 07 00 00 3b |!...;.....;|
000001d0 1b 1f 05 fe ff ff fe a7 07 00 02 68 96 3b 00 00 |.....h.;..|
000001e0 00 00 00 00 00 00 00 00 00 00 00 00 00 00 00 |.....|
000001f0 00 00 00 00 00 00 00 00 00 00 00 00 55 aa |.....U.|
```



DOCF11E0

Microsoft Office files

DOCF11E0
aka "DocFile0" :)

```
atlas@ironman:~/hacking/Presentations/Grok$ hexdump -C test.doc |head
00000000  d0 cf 11 e0 a1 b1 la e1  00 00 00 00 00 00 00 00  |.....|
00000010  00 00 00 00 00 00 00 00  3b 00 03 00 fe ff 09 00  |.....;.....|
00000020  06 00 00 00 00 00 00 00  00 00 00 00 01 00 00 00  |.....|
00000030  01 00 00 00 00 00 00 00  00 10 00 00 0d 00 00 00  |.....|
00000040  01 00 00 00 fe ff ff ff  00 00 00 00 00 00 00 00  |.....|
00000050  ff ff ff ff ff ff ff ff  ff ff ff ff ff ff ff ff  |.....|
*
00000200  fd ff ff ff 1b 00 00 00  03 00 00 00 04 00 00 00  |.....|
00000210  05 00 00 00 06 00 00 00  07 00 00 00 08 00 00 00  |.....|
00000220  09 00 00 00 0a 00 00 00  0b 00 00 00 0c 00 00 00  |.....|
```



63825363

DHCP magic cookie

63825363

start of options section...
in every DHCP packet!



CAFEBABE
CAFED00D

Java / Mach-0 / Pack200 compression

CAFEBABE — Java classes / Mach-0

CAFED00D — compressed with Pack200

0x9900

0x9501

0x9500

0xa600

from "file" magic for PGP:

0	beshort	0x9900	PGP key public ring
!	mime	application/x-pgp-keyring	
0	beshort	0x9501	PGP key security ring
!	mime	application/x-pgp-keyring	
0	beshort	0x9500	PGP key security ring
!	mime	application/x-pgp-keyring	
0	beshort	0xa600	PGP encrypted data
!	mime	text/PGP # encoding: armored data	



SCLK, MISO, MOSI, SS

serial peripheral interface (spi) bus pins
for embedded communication

SCLK, MISO, MOSI, SS



SCL, SDA

inter-integrated circuit(i2c) bus pins for
lower-speed embedded communications

SCL, SDA

all that men know about women

```
CallFunction( 0x08049824, Const(0x08048bb8,4), [Var("arg0", width=4),  
Const(0x0804a200,4), Const(0x000007ff,4)] )
```

```
CallFunction( 0x08049843, Const(0x08048c18,4), [Const(0x0804a200,4),  
Const(0x08049c0e,4), o_sub(Var("esp", width=4),Const(0x0000041c,4),4),
```


Symboliks view: STAGE3 CTF Quals vuln (2005)

```
.text:0x080497c4
.text:0x080497c4  FUNC: int cdecl stage3.chldrcgst( int arg0, ) [1 XREFS]
.text:0x080497c4
.text:0x080497c4  Stack Variables:
.text:0x080497c4      4: int arg0
.text:0x080497c4     -16: int local16
.text:0x080497c4    -1056: int local1056
.text:0x080497c4    -1060: int local1060
.text:0x080497c4    -1064: int local1064
.text:0x080497c4
.text:0x080497c4  55          push ebp
.text:0x080497c5  89e5        mov ebp,esp
.text:0x080497c7  81ec28040000 sub esp,1064
.text:0x080497cd  8d95e8fbffff lea edx,dword [ebp - 1048]
.text:0x080497d3  b800040000  mov eax,1024
.text:0x080497d8  83ec04      sub esp,4
.text:0x080497db  50          push eax
.text:0x080497dc  6a00        push 0
.text:0x080497de  52          push edx
.text:0x080497df  e864f4ffff  call memset_08048c48 ;memset_08048c48()
.text:0x080497e4  83c410      add esp,16
.text:0x080497e7  c785e4fbffff0000 mov dword [ebp + local1056],0
.text:0x080497f1  83ec0c      sub esp,12
.text:0x080497f4  ff7508      push dword [ebp + arg0]
.text:0x080497f7  e850feffff  call stage3.authenticate ;stage3.authenticate(0x41571000)
.text:0x080497fc  83c410      add esp,16
.text:0x080497ff  83ec04      sub esp,4
.text:0x08049802  6a03        push 3
.text:0x08049804  680a9c0408  push loc_08049c0a
.text:0x08049809  ff7508      push dword [ebp + arg0]
.text:0x0804980c  e827f3ffff  call write_08048b38 ;write_08048b38()
.text:0x08049811  83c410      add esp,16
.text:0x08049814  83ec04      sub esp,4
.text:0x08049817  68ff070000  push 2047
.text:0x0804981c  6800a20408  push stage3.input_buffer
.text:0x08049821  ff7508      push dword [ebp + arg0]
.text:0x08049824  e88ff3ffff  call read_08048bb8 ;read_08048bb8()
.text:0x08049829  83c410      add esp,16
.text:0x0804982c  8945f4      mov dword [ebp + local16],eax
.text:0x0804982f  83ec04      sub esp,4
.text:0x08049832  8d85e8fbffff lea eax,dword [ebp - 1048]
.text:0x08049838  50          push eax
.text:0x08049839  680e9c0408  push str_bacon:%s_08049c0e
.text:0x0804983e  6800a20408  push stage3.input_buffer
.text:0x08049843  e8d0f3ffff  call sscanf_08048c18 ;sscanf_08048c18()
```

Symboliks view of the STAGE3 CTF Quals vuln from 2005

```
      (read == 0x8048bb8)
CallFunction( 0x08049824, Const(0x08048bb8,4), [Var("arg0", width=4),
      Const(0x0804a200,4), Const(0x000007ff,4)] )

      (sscanf == 0x8048c18)
CallFunction( 0x08049843, Const(0x08048c18,4), [Const(0x0804a200,4),
      Const(0x08049c0e,4), o_sub(Var("esp", width=4),Const(0x0000041c,4),4),
```

```
def grok():
```

- GROK: to understand profoundly and intuitively (Merriam Webster)
- GROK: low-level, deep, intimate understanding (atlas)
- _____ the planet
 - a) grok
 - b) grok
 - c) grok

levels of understanding

- buzzword bingo
- conversant but untested
- done it once (powerful step, this...)
- veteran
- master

grok all the things

- sometimes being able to identify one arbitrary pattern can be key to solving a major problem
 - pen-testing
 - forensics
 - reverse engineering
 - new areas of research / combined attacks

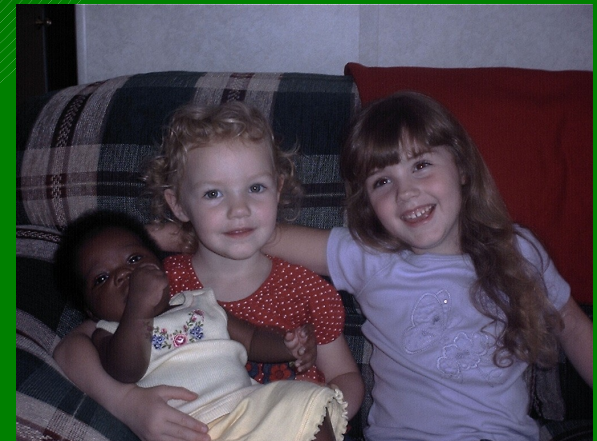
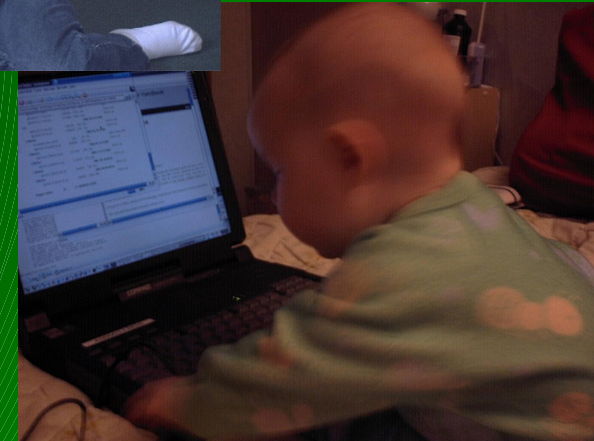
Joint Pen Testing Projects

- maturing of the field:
 - hardware / software reversing
 - cyber / physical / social
 - IT / control systems
- just learning how to think about the combined, complex world we live in is an art form to be mastered



TOO MANY THINGS!

- yeah...
 - father of 3 daughters
 - husband of but one wife
 - farm life
- i work average about 50 hours a week
 - i work with what doesn't cost me too much



TOO MANY THINGS!!!

- too many things to grok, so little time!
 - impromptu expertise – what the job needs
 - tom liston
 - play, learn, teach, mentor
 - regularly
 - put together puzzles for your team/SANS class/etc.
 - or just make a neato script for your signature
 - reading and typing... in concert
- must... focus... energy... and...
time....
- yeah, but how!

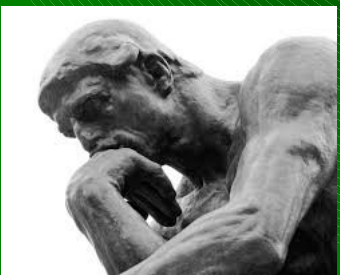
protips for grokking all the .. and living
to tell about it

- do what you love! and **limit scope**
- self-inspection
 - identify your own weak areas
 - sober self-assessment
- sharpening the saw
 - spend 4+ hours a week playing... for pay... at your day job...
 - tell your boss i said it was ok. it is mandatory for this field (attempt to get their buy-in)
 - not just at work. hobbify!
 - balance^H^H^H^H^H^Htension

sharpening the saw



- allow yourself to **believe** in you
- allow yourself to **revel** in the growth process
- allow your **curiosity** to get the better of you for a while, on a **regular** basis
- **envision** the *hacker* - and *person* - you wish to become.



- what do i want to be when i grow up?
 - i'm 40 and i still ask myself this Q
- where am i weak? how can i fix? (**play**)

- then, **make** it so.

- using your regular play-time

pen testing suggestions - bin

- vulnerability info flow
 - how to learn about new vulns
- vuln types
 - some require tools
 - some only require creativity (and netcat or equivalent level of power)
- how vulns work
- exploit toolkits
 - metasploit, of course
 - core impact?
 - canvas?



```
SHOpenRegStream20*0001 PROT32
001B:77F7B0E9 PUSH EBX
001B:77F7B0EA LEA ECX,[EBP+14]
001B:77F7B0ED PUSH ECX
001B:77F7B0EE PUSH EBX
001B:77F7B0EF PUSH DWORD PTR [EBP+10]
001B:77F7B0F2 PUSH EAX
001B:77F7B0F3 CALL [Imp_RegQueryValueExA]
001B:77F7B0F5 TEST EAX,EAX
001B:77F7B0F8 JNG 177F7B131
001B:77F7B0FD CMP [EBP+0B],EBX
001B:77F7B100 JZ 177F7B131
001B:77F7B102 PUSH DWORD PTR [EBP+08]
001B:77F7B105 MOV ECX,EDI
001B:77F7B107 CALL CMemStream::GrowBuffer
001B:77F7B10C TEST EAX,EAX
001B:77F7B10E JZ 177F7A373
001B:77F7B114 LEA EAX,[EBP+0B]
001B:77F7B117 PUSH EAX
001B:77F7B118 PUSH DWORD PTR [EDI+08]
001B:77F7B11B LEA EAX,[EBP+14]
001B:77F7B11E PUSH EAX
001B:77F7B11F PUSH EBX
001B:77F7B120 PUSH DWORD PTR [EBP+10]
001B:77F7B123 PUSH DWORD PTR [ESI]
001B:77F7B125 CALL [Imp_RegQueryValueExA]
001B:77F7B12B MOV EAX,[EBP+0B]
001B:77F7B12E MOV [EDI+10],EAX
001B:77F7B131 PUSH 12
001B:77F7B133 CALL _IsOS
001B:77F7B138 TEST EAX,EAX
```

First Call

Buffer Allocation

Second Call

pen testing suggestions – bin (2)

- exploit underground
 - use a throw-away computer
- post-exploitation
 - meterpreter or other like payload
 - or write your own!
 - what is interesting to us?
 - data collection and interpretation
- Netcat Gender-Benders!
- powershell and other target-power
- SANS 560 and 504 ;)

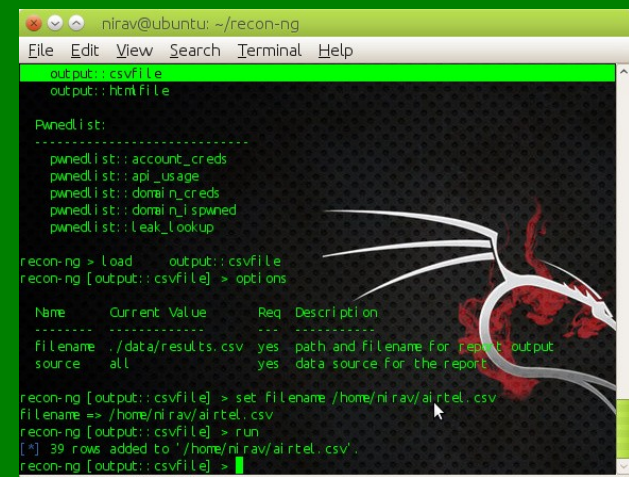
pen testing suggestions – web



- http – it's the carrier of our stuff
- tools: burp, reconNG, soapUI
- vuln types: sql^H^H^Hanything injection, XSRF, XSS, auth-bypass
- tech: Browsers, Flash, Acrobat, JRE, ActiveX, HTML5, video players, etc...
 - whatever attack surface comes up



- crypto
- effective MITM
- SANS 542 and 642



hardware testing suggestions

- reading chip data sheets – master this!
- heck, **finding** datasheets
- SPI / I2C / USB / PCI / Ethernet
- electricity
- rf
- tools: bus-sniffers/injectors, RfCat, HackRF, GoodFET, Arduino or other ad-hoc tool of choice

tech summary

- get in the middle of things, where you can manipulate/interpret
 - <snip - removed disturbing vivisection image>
- get to know the lay of the land, break it down... prove your own understandings.
- hunting... the prey is out there... are you ready to predate?
- balance new and existing skillset development
 - measure by weeks/months (ie. avoid THRASHING)

IT sec / pen testing suggestions



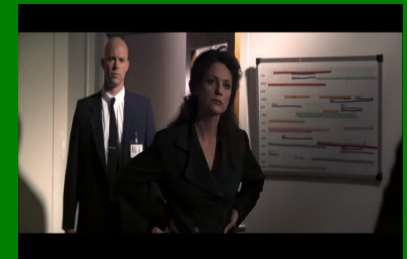
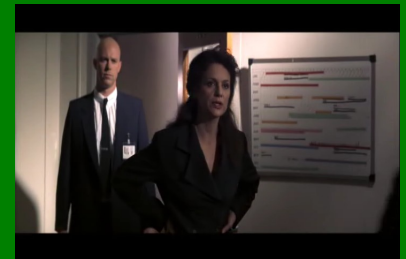
- spend time being a normal person (perhaps, 1h/week?)
- communication skills
 - making "contracts" like programming
- scoping
 - SANS 560! set expectations and over-deliver!
- project management
 - companies will often pay for courses!
- 0-day – strategy, where it fits...
- binary/hex/encodings/magic numbers



gratuitous hackers quote



"My son happens to be a genius. He GROKS something happening today that you won't GROK if you live to be a hundred, and he would never use what he knows to harm a living soul."



how to sharpen the saw - environment

- sometimes it's music
 - sometimes familiar, other times new
- sometimes quiet
- limit distractions
- sometimes long periods of time
- sometimes every spare second... in the midst of other things

getting the idea that there is no perfect environment? but you can get to know what you need... and for what part of the work.

how to sharpen the saw - you

- **think and process.** play with concepts in your mind... make the connections
 - menial tasks: do the dishes, mow the lawn, rototilling is one of my favs
- get to know what your mind/heart needs and what your circumstances allow
- **IMPORTANT:** make boundaries
 - prioritize, schedule, breathe.
 - believe it or not, you will not be a very satisfied hacker if you lose everything in the process.
 - diligence is **more powerful** than flash-burn.

the slide that doesn't exist

- psssst... just between friends
 - i'll deny it if you say that i wrote this slide...
- **caffeine is a terrible substitute for sleep**



john cleese on creativity

- half hour video
- google it
- watch it
- that is all.



<https://www.youtube.com/watch?v=08FCXGDtZoU>

oh, but humor helps

- and hot chicks? too!
- enjoying the people you work with helps too.
- not that way, ew...



practicing your light saber foo too...



or truly enjoying your bling (bingo!)



knowing you're crazy, and still going for it...



6 Keys to Being Excellent At Anything – Tony Schwartz

<http://blogs.hbr.org/2010/08/six-keys-to-being-excellent-at/>

- Pursue What You Love
- Do the Hardest Work First
- Practice intensely: 90min, <5hours/day
- Seek Expert Feedback, Intermittently
- Take Regular Renewal Breaks
- Ritualize Practice

10000 hours to expertise

$10000 / 25 \text{ hrs:week} / 50 \text{ weeks:year} = 8 \text{ yrs}$

mental health

physical health



holy crap,
dental
health?

tech ninjas, a word...

- become experienced at the breadth
- be **excellent at some**...
 - what you love or what is required - sometimes needs dictate your focus.
this is ok.
- **communicate** well — in terms of others
- set **expectations**
- **commit**... and **over-deliver**.
- think and speak in terms of **mission, goals, team, business**
- expect to **respectfully educate** your boss
- expect to **be educated** by them as well...

corporate phb's

- building a team of cyber-ninjas is not easy
- keeping them happy is it's own game altogether
- keeping them **growing and enjoying** is where to focus
- “care and feeding of your cyberninja” - not written yet
- push for **respectful** behavior...
- set an environment of **team identity**
- you are the business ninja... your cyberninja's **need** you.
make it easy for them to succeed!
 - they need your protection and <3
- “you'll never get as much from a team long term, than if they love you. this **requires** that you love them first.” -me

summary

- grok all the shizzle... that you can - never stop growing
- when in doubt, focus on what you love
- soberly assess your weak areas
- treat them as challenges, not as suckages
 - sharpen the saw... while keeping the wheels on.
- communicate well
- learn the tech and the business savvy...
 - it's about what other people need and value
- **PLAYPLAYPLAYPLAYPLAYPLAYPLAYPLAYPLAYPLAY**

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